

IHAH FAMILY (BACK COVER)

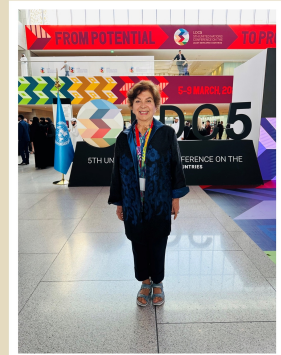
- 1- SOROSH ROSHAN
- 2- GABRIELLE CASPER
- 3- VIJI MELNICK
- 4- SUZANNE STUTMAN
- 5- MAHNAZ SARACHI
- 6- JACO HOFFMAN
- 7- ZARA NURU
- 8- BEE NGWENYA NEW
- 9- TYLER ALEXANDER
- 10- ORCHID ABAR
- 11- MELODY BEHNAM
- 12- LEILA FARSHCHIAN



BOOK PREPARED BY LEILA FARSHCHIAN



“EDUCATION IS A HUMAN RIGHT WITH IMMENSE POWER TO TRANSFORM. ON ITS FOUNDATION REST THE CORNERSTONES OF FREEDOM, DEMOCRACY, AND SUSTAINABLE HUMAN DEVELOPMENT.” — KOFI ANNAN



DR. SOROSH ROSHAN ATTENDING LDC 5
DOHA, QATAR
MARCH 5-9, 2023



Kohinur Khyum Tithila from Doha

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Rabab Fatima, high representative for the Least Developed Countries, Landlocked Developing Countries, and Small Island Developing States and Secretary-General of LDC5 said that the Doha Program of Action is a very ambitious roadmap but doable with collaborative efforts of private and public sectors.

“The Doha Programme of Action is like SDG+ as there are many targets and goals. It seems ambitious but doable,” she said.

She was addressing the press at the Fifth United Nations Conference on the Least Developed Countries (LDC5) in Doha, Qatar on Sunday.





FROM DOHA, QATAR TO DELMAS, JOHANNESBURG SA
MARCH 5-9, 2023 - MAY 10, 2023



LAERSKOOL ELOFF

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To whom it may concern

Laerskool Eloff is a multi-racial and multi-gender school, established in 1940. The school is situated in a rural setting in South Africa. There are two multi-cultural informal settlements near the school. We currently have an enrollment of 308 learners from different ethnic and cultural backgrounds.

We have only female staff and teachers that are truly committed to excellence and hard work.

Some of our learners have extremely challenging socio-economic circumstances at home. We have support systems and Programs in place to assist these learners to overcome challenges and reach their full potential. Many of these learners never had the opportunity to travel beyond the physical borders of the community.

To ensure that all our learners receive quality teaching and learning, 75% of our monthly expenditure go towards teachers' salaries. Our school is a Quintile 4 public school and only receive a small financial contribution from the state. We are reliant on fundraising events to get extra funds because many parents can't pay school fees.

The school adopts an inclusive education approach where learners, with barriers to learning, are accommodated in main stream classes. The closest special school, which exclusively caters for these learners, are 80 km away and makes it impossible for their parents to place their children there. Many households don't have any form of transport and the parents walk their children to school.

Our vision is to develop all our learners holistically to reach their full potential. Apart from providing quality teaching and learning opportunities, we have a wide range of activities that are incorporated in our extra-mural program. These activities include excursions, sporting, and cultural Programs.

Although we have technological resources in a few classrooms, we will always strive to equip all our learners for the demands and changes that are brought about by the Fourth Industrial Revolution.

Yours faithfully

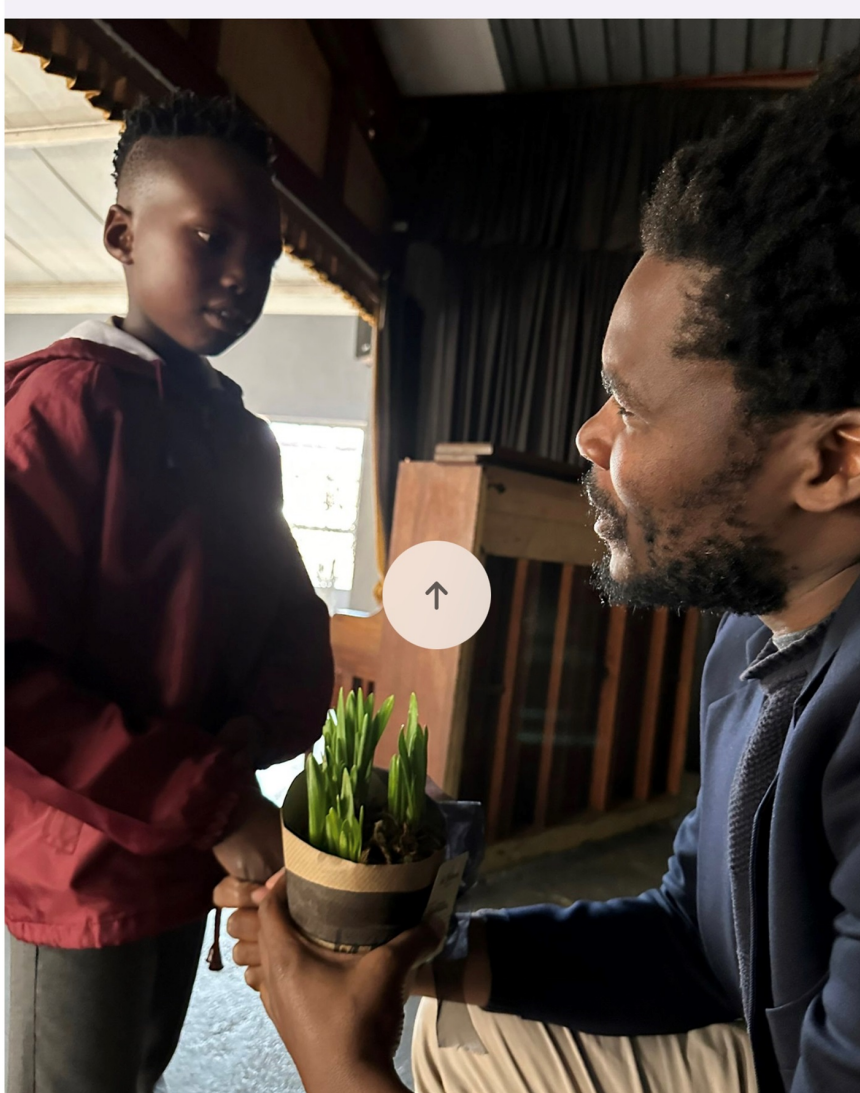
A HOFFMAN
Departmental Head





**IHAN'S CONTRIBUTION TO
CLOSE THE DIGITAL GAP!
PROPOSAL FOR TABLETS:**

**SUPPORT FOR GIRLS &
BOYS EDUCATION IN
RURAL SCHOOLS IN SOUTH
AFRICA.**



**PROFESSOR BEE NGWENYA NEW RECEIVING
A GIFT FROM A STUDENT**

FIVE BENEFITS OF USING TABLETS IN SCHOOL

- 1- STUDENTS LEARN IN A WAY THEY ARE COMFORTABLE.**
- 2- STUDENTS CAN GET ANSWERS QUICKLY.**
- 3- AUDIO AND VIDEO CAN BRING LEARNING TO LIFE.**
- 4- ACCESS TO EDUCATIONAL APPS.**
- 5- TABLETS ALLOW FOR SPECIAL LEARNING.**



WHITE FEATHER:

A Journey to Peace

By
Suzanne Stutman

You own all that you see and feel.
And if you feel it, then it's real.
You own the sky above your head.
You own the dreams you have at night.
You own the love that holds you tight.
You own tomorrow and today.
And all the love that comes your way.
ALL THE POWER RESTS WITH YOU.



A PLAQUE WAS INAUGURATED ON THE SCHOOL GROUND WITH THE POEM BY DR. SUZANNE STUTMAN, FIRST VICE PRESIDENT OF IHAN. DR. STUTMAN HAS BEEN VERY ACTIVE IN EDUCATIONAL FIELD PROJECTS IN SOUTH AFRICA FOR THE LAST 25 YEARS.



MRS. A HOFFMAN- LABUSCHAGNE, DR. S. ROSHAN, PRINCIPAL L. VAN NIEKERK

WELCOME IHAN

- 10:00 Children sing
- 10:30 Arrival of guests of honour
- Opening
Poem: White Feather:
A Journey to peace by Suzanne Stutman
- Welcome speech:
Mrs. A Hoffman-Labuschagne
- Introduction:
Prof. Jaco Hoffman (Optentia Research
Unit, North-West University)
Dr. Sorosh Roshan (Phd Honoris Causa,
Lehman College, CUNY; IHAN-International
Health Awareness Network)
Prof. Bee Ngwenya (Optentia Research
Unit, North-West University)
Amanda Diener
- Handing over of donation
- Thank you speech:
Mrs. L. van Niekerk
- Song: A Million Lights
- Guests adjourn to class 2



Laerskool Eloff





ROSHAN REMARKS AT ELOFF SCHOOL ON MAY 10, 2023

**GOOD MORNING,
THANK YOU PROFESSOR JACO HOFFMAN FOR YOUR GENEROUS INTRODUCTION.**

“I AM BECAUSE WE ARE”

**DEAR
MRS. LOUISE VAN NIEKERK
MRS. AMANDA LABUSCHAGNE
PROFESSOR BEE, THE PROFESSOR OF SOCIAL INCLUSION AT NORTH-WEST UNIVERSITY
DEAR COLLEAGUES AND ESPECIALLY OUR DEAR LEARNERS,**

I AM DEEPLY HONOURED AND ENDLESSLY GRATEFUL FOR THE PRIVILEGE OF BEING WITH YOU. THIS IS A HAPPY AND MOMENTOUS OCCASION FOR ME PERSONALLY.

STANDING ON THE SHOULDERS OF MY MOTHER, MY FAMILY, AND MY TEACHERS WHO WITH THEIR HARD WORK, DEVOTION AND SACRIFICES MADE ME THE PERSON THAT I AM. WE HONOUR AND ARE THANKFUL TO ALL MOTHERS, FATHERS, AND TEACHERS.

I AM HERE TO SPEAK ABOUT THE IMPORTANCE OF DIGITAL INCLUSION AND HOW IT CAN HELP US ACHIEVE THE GOALS OF SUSTAINABLE DEVELOPMENT AND BUILDING A BETTER AFRICA FOR ALL. IT IS MY WISH THAT DIGITAL TOOLS LIKE THE TABLETS CAN HELP YOUR EDUCATION. MY EDUCATION PAVED THE WAY FROM A SMALL TOWN NEAR TEHRAN, THE CAPITAL OF IRAN, TO TRAVEL AND BUILD NETWORKS AND MAKE FRIENDS AROUND THE SIX CONTINENTS, INCLUDING IN YOUR BEAUTIFUL COUNTRY, AND I HOPE IT WILL BROADEN YOUR HORIZONS AND EXPAND YOUR WORLD.

IN THE WORDS OF MADIBA, “EDUCATION IS THE BEST EQUALISER.”

AS WE MOVE TOWARDS THE FUTURE, DIGITAL TECHNOLOGY IS THE TOOL FOR A BETTER EDUCATION. SO, WE MUST ENSURE THAT EVERYONE HAS ACCESS TO TECHNOLOGY AND NO ONE IS LEFT BEHIND.

THE PILOT PROJECT THAT WE WILL BE UNDERTAKING AT YOUR SCHOOL AIMS AT PROVIDING TABLETS TO BE USED BY THE LEARNERS AND IT IS ALIGNED WITH THE SUSTAINABLE DEVELOPMENT GOALS OF THE UNITED NATIONS AND THE AFRICAN UNION’S AGENDA 2063. THESE EMPHASIZE THE IMPORTANCE OF EDUCATION, INNOVATION, AND TECHNOLOGY IN DRIVING SUSTAINABLE DEVELOPMENT AND EMPOWERING COMMUNITIES.

DIGITAL INCLUSION IS NOT JUST ABOUT PROVIDING ACCESS TO TECHNOLOGY. IT IS ABOUT ENSURING THAT EVERYONE HAS THE SKILLS AND KNOWLEDGE TO USE IT EFFECTIVELY. THROUGH THIS PILOT PROJECT YOUR TEACHERS WILL PROVIDE YOU WITH THE TRAINING AND SUPPORT THAT YOU NEED TO MAKE THE MOST OUT OF THIS TECHNOLOGY.

THE AVAILABILITY OF THE TABLETS TO THE LEARNERS WILL GIVE THEM ACCESS TO A WEALTH OF INFORMATION AND RESOURCES THAT WERE PREVIOUSLY UNAVAILABLE TO THEM. THIS WILL HELP LEVEL THE PLAYING FIELD AND WILL ENSURE THAT EVERY LEARNER HAS AN EQUAL OPPORTUNITY TO SUCCEED.

THIS PROJECT IS ALSO ABOUT EMPOWERING THE TEACHERS WHO ARE THE BACKBONES OF OUR EDUCATION SYSTEM. WITH THE NECESSARY MOTIVATION, TRAINING, AND RESOURCES THEY ARE EQUIPPED AND THEY CAN PROVIDE THE BEST POSSIBLE EDUCATION TO YOU, THE LEARNERS.

DIGITAL INCLUSION IS FURTHER ABOUT CREATING A WORLD WHERE EVERYONE HAS EQUAL ACCESS TO OPPORTUNITIES AND EVERYONE HAS THE CHANCE TO REACH THEIR FULL POTENTIAL.

DIGITAL INCLUSION WILL FURTHERMORE PAVE THE WAY FOR OUR LEARNERS, WHO ARE THE HOPE FOR THE FUTURE OF HUMANITY, TO JOIN THE GLOBAL CULTURE OF PEACE MOVEMENT AND SO CONTRIBUTE TO PLANTING THE SEEDS OF PEACE IN THE MINDS AND HEARTS OF THE YOUNGER GENERATION WHO SYMBOLIZE THIS HOPE. PEACE IS WHAT THE HUMAN FAMILY NEEDS MOST.

SO LET US EMBRACE THIS PILOT PROJECT WITH OPEN MINDS AND OPEN HEARTS AND WORK TOGETHER WITH ENTHUSIASM TO BUILD A MORE INCLUSIVE AND PROSPEROUS AFRICA FOR ALL HUMAN FAMILY. AND WE START HERE AT ELOFF LAER SCHOOL.

LAKER LIYER

I THANK YOU!







LAERSKOOLOLOFF

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15 May 2023

Dear Dr Sorosh,

I am still in awe after your visit to our school!

Besides the enormous contribution regarding the donation of the tablets, your humanity, kind heart and warm presence left a lasting impression on me.

I know that I speak on behalf of everyone at Laerskool Eloff when I say that you have touched our hearts and changed our lives.

The learners are excited to start using the tablets. They are going to benefit from it in so many ways!

Please come and visit us again.

Kind regards

Louise van Niekerk
PRINCIPAL

CONCLUDING REMARKS

MAY 10, 2023

DEAR YOUNG LEARNERS,

IT HAS BEEN A GREAT PRIVILEGE FOR ME TO VISIT ALL OF YOU. I WOULD LIKE TO TAKE THIS OPPORTUNITY TO SHARE SOME INSPIRING QUOTES ON EDUCATION AND EMPHASIZE ITS INCREASING IMPORTANCE IN THE MODERN WORKPLACE. BARACK OBAMA ONCE SAID, "EDUCATION IS THE KEY TO UNLOCKING THE WORLD, A PASSPORT TO FREEDOM." THIS QUOTE HIGHLIGHTS THE SIGNIFICANCE OF HIGHER EDUCATION AND TRAINING IN TODAY'S SOCIETY.

MICHELLE OBAMA ALSO EMPHASIZED THE POWER OF EDUCATION, STATING, "THROUGH MY EDUCATION, I NOT ONLY DEVELOPED THE ABILITY TO LEARN BUT ALSO GAINED CONFIDENCE." THESE WORDS REMIND US THAT EDUCATION GOES BEYOND KNOWLEDGE ACQUISITION; IT BUILDS SELF-ASSURANCE AND EMPOWERS INDIVIDUALS.

"WE STARTED OUT WITH VERY LITTLE." NELSON MANDELA, WHO OVERCAME TREMENDOUS CHALLENGES, SAID, HE BELIEVED THAT WINNERS ARE DREAMERS WHO NEVER GIVE UP AND THAT EDUCATION IS THE MOST POWERFUL WEAPON TO CHANGE THE WORLD. MANDELA TAUGHT US THAT SUCCESS SHOULD NOT BE JUDGED SOLELY BY ACHIEVEMENTS, BUT ALSO BY THE NUMBER OF TIMES WE RISE AFTER FALLING.

COURAGE, ACCORDING TO MANDELA, IS NOT THE ABSENCE OF FEAR BUT THE ABILITY TO CONQUER IT. THIS REMINDS US THAT BRAVERY LIES IN FACING OUR FEARS HEAD-ON.

IN LIGHT OF THESE POWERFUL MESSAGES, I, SOMEONE WHO HAS TRIUMPHED OVER NUMEROUS OBSTACLES, DREAM OF EMPOWERING YOUNG LEARNERS FROM LESS ADVANTAGED BACKGROUNDS WITH THE GIFT OF EDUCATION. OUR AIM IS TO PROVIDE ENTHUSIASTIC YOUNG LEARNERS WITH THE NECESSARY TOOLS TO ACHIEVE THEIR POTENTIAL AND REALIZE THEIR DREAMS.

THROUGH THE GENEROUS DONATION OF TABLETS FROM THE INTERNATIONAL HEALTH AWARENESS NETWORK (IHAN), YOU, THE LEARNERS, WILL HAVE THE OPPORTUNITY TO CONNECT WITH THE GLOBAL PROJECTS SUCH AS THE GLOBAL MOVEMENT ON CULTURE OF PEACE, THE YOUTH ORGANIZATION OF THE UNITED NATIONS (UNICEF & UNESCO). FURTHERMORE, WE WILL ORGANIZE VIRTUAL SESSIONS ON TOPICS LIKE HEALTHY LIFESTYLES, NUTRITION, AND CLIMATE-FRIENDLY PRACTICES, AS WELL AS ENCOURAGING PARENTS TO JOIN THESE EDUCATIONAL INITIATIVES.

TOGETHER, WE CAN PAVE THE WAY FOR A BETTER FUTURE FOR THE NEXT GENERATION, ENSURING A BRIGHTER FUTURE FOR THE ENTIRE HUMAN FAMILY.

THANK YOU FOR YOUR ATTENTION AND PARTICIPATION.

SINCERELY,

SOROSH ROSHAN MD

FOUNDER AND PRESIDENT OF INTERNATIONAL HEALTH AWARENESS NETWORK


WEBSITE: WWW.IHAN.ORG



THE 67th SESSION OF THE COMMISSION ON THE STATUS OF WOMEN

**"Women's Empowerment
through Education and Training
in the Digital Age"**

4:30PM - 6:00PM, March 6, 2023 / 10th Floor of CCUN

Hosted by  International Council of Women (ICW)



IHAN AT UNED
NATIONS



IHAN AT IZMIR,
TURKEY



IHAN AT MESEN ACADEMY. DOMINICAN REPUBLIC



**CHITRAVADI VILLIAGE, KANCHEEPURAM DISTRICT, TAMIL NADU, INDIA IN
COLLABORATION WITH DR. G. PERUSAL, DECEMBER 8-13, 2007**



**IHAN AT LEADERSHIP CONFERENCE FOR WOMEN
ACCRA, GHANA 1997**

I am so grateful to be born a woman.
 I am the source of change.
 All life emanates from me.
 I weep

tears of joy at the birth of each new soul that comes forth to enrich the universe.
 My prayer is

for a world in Peace, so that all of earth's children can join hands and sing harmonies,
 as One.

Suzanne Stutman

The International Health Awareness Network

Empowering through health and education.

Mission Statement
 To support primary and secondary health care for those in need and improve the health of the world.
 To work with other health care organizations to identify and to improve programs and policies that improve the health of the world.
 To provide support and resources to health care workers and health care systems in developing countries.
 To provide for the health and well-being of the world's population and to support the development of health care systems in developing countries.

If we do not pay attention to the needs of women, we cannot have solutions to the ills of society.

—Sarmah Boshan, M.D., M.P.H.
 President, IHAN



IHAN IN NIAROBİ 1987



**IHAN IN INDONESIA
INTERNATIONAL COUNCIL OF WOMEN GENERAL ASSEMBLY
SEPTEMBER 13- 19, 2018**



**PROFESSOR GABRIEL CASPER DONATING AN ULTRASOUND MACHINE TO
IHAN FOR TANZANIA**



DR. STUTMAN, MADAM NURU, DR. GOODWIN, DR. ROSHAN

INTERNATIONAL HEALTH AWARENESS
NETWORK & FORDHAM GRADUATE
SCHOOL OF SOCIAL SERVICE PRESENT



UN Matters

Spotlight on Women and Girls

NOVEMBER 25, 2019

Fordham University School of Law
3-6PM





GRANT PROPOSAL - COVER LETTER

DEAR LENOVO FOUNDATION,

I AM PLEASED TO SUBMIT A GRANT PROPOSAL ON BEHALF OF THE INTERNATIONAL HEALTH AWARENESS NETWORK (IHAN) FOR YOUR SMART TECHNOLOGY PROGRAM. OUR ORGANIZATION IS A 501(C)3 NOT-FOR-PROFIT, NON-GOVERNMENTAL ORGANIZATION IN CONSULTATIVE STATUS WITH THE ECONOMIC AND SOCIAL COUNCIL (ECOSOC) AND DEPARTMENT OF PUBLIC INFORMATION (DPI) OF THE UNITED NATIONS. WE ARE DEDICATED TO IMPROVING THE HEALTH AND QUALITY OF LIFE OF WOMEN AND CHILDREN, PARTICULARLY THOSE IN UNDERSERVED SOCIOECONOMIC GROUPS. WITH YOUR SUPPORT, WE AIM TO REDUCE THE DIGITAL DIVIDE BY PROVIDING TABLETS FOR EDUCATION PURPOSES IN DEVELOPING COUNTRIES, STARTING WITH A PILOT PROGRAM IN SOUTH AFRICA.

AT IHAN, WE BELIEVE THAT EDUCATION IS A POWERFUL TOOL FOR REDUCING POVERTY, IMPROVING HEALTH OUTCOMES, AND PROMOTING GENDER EQUALITY. HOWEVER, THE DIGITAL DIVIDE POSES A SIGNIFICANT CHALLENGE TO ACHIEVING THESE GOALS, PARTICULARLY IN DEVELOPING COUNTRIES AND RURAL AREAS. WE AIM TO ADDRESS THIS CHALLENGE BY PROVIDING TABLETS FOR EDUCATION PURPOSES, UNDER THE SUPERVISION OF TEACHERS AND EDUCATORS, IN SCHOOLS IN SOUTH AFRICA AND OTHER COUNTRIES IN THE REGION.

OUR PROJECT IS INSPIRED BY THE UNITED NATIONS 17 SUSTAINABLE DEVELOPMENT GOALS, PARTICULARLY THE GOALS OF PROMOTING GENDER EQUALITY, REDUCING POVERTY, AND IMPROVING MATERNAL AND INFANT HEALTH. IN ADDITION, OUR MISSION ALSO ALIGNS WITH THE COMMISSION ON THE STATUS OF WOMEN'S PRIORITY THEME FOR 2023, WHICH FOCUSES ON INNOVATION AND TECHNOLOGICAL CHANGE, AND EDUCATION IN THE DIGITAL AGE FOR ACHIEVING GENDER EQUALITY AND THE EMPOWERMENT OF ALL WOMEN AND GIRLS. WE RECOGNIZE THE CHALLENGES AND OPPORTUNITIES IN ACHIEVING GENDER EQUALITY AND THE EMPOWERMENT OF RURAL WOMEN AND GIRLS, AND WE BELIEVE THAT OUR PROJECT CAN CONTRIBUTE TO ADDRESSING THESE CHALLENGES.

OUR PROJECT WILL START WITH A PILOT PROGRAM AT ONE SCHOOL IN SOUTH AFRICA. THE TABLETS WILL BE PROVIDED FOR EDUCATIONAL PURPOSES, AND WE WILL WORK CLOSELY WITH EDUCATORS AND NGOS ON THE GROUND TO ENSURE THAT THE TABLETS ARE USED EFFECTIVELY TO IMPROVE EDUCATION RESULTS. WE WILL INVOLVE PARENTS AND GRANDPARENTS IN THE PROJECT TO ENSURE THAT THEY ARE ALSO AWARE OF THE BENEFITS OF DIGITAL EDUCATION. AFTER THE SUCCESS OF THE MODEL PILOT PROJECT, WE WILL EXPAND THE PROGRAM TO VILLAGES AND REMOTE AREAS BY USING DISTANT LEARNING. IN THE FUTURE, WE PLAN ON PROVIDING SCHOLARSHIPS AND ESSAY-WRITING COMPETITIONS IN OUR DESIGNATED SCHOOLS AS AN INCENTIVE AND ENCOURAGEMENT FOR THE YOUTH. WE ALSO HOPE TO INVOLVE STUDENTS FROM DIFFERENT UNIVERSITIES IN DEVELOPING COUNTRIES TO PARTICIPATE IN AND LEARN THE VALUES OF PHILANTHROPY. TO ACHIEVE OUR GOALS, WE WILL SEEK SUPPORT FROM TECHNOLOGY EXPERTS AND CORPORATIONS TO WARRANT THE DELIVERY OF EXCELLENT RESULTS.

WE AIM TO CREATE A 3-YEAR, 5-YEAR, AND 10-YEAR PLAN WITH MONITORING AND EVALUATION YEARLY TO ENSURE THAT THE PROJECT IS SUCCESSFUL IN ACHIEVING ITS GOALS. OUR ESTIMATED COST FOR THE FIRST SCHOOL FOR 3 YEARS IS \$7,500-10,000 (DEPENDING ON THE COST OF TABLETS). THE INSURANCE COST IS ABOUT \$1,500, AND THE DATA COST IS AROUND \$1,500-2,000. WE BELIEVE THAT OUR PROJECT HAS THE POTENTIAL TO MAKE A SIGNIFICANT IMPACT ON REDUCING THE DIGITAL DIVIDE IN AFRICA, AND WE ARE CONFIDENT THAT WITH YOUR SUPPORT, WE CAN ACHIEVE OUR GOALS.

THANK YOU FOR CONSIDERING OUR PROPOSAL. WE LOOK FORWARD TO HEARING FROM YOU SOON.

SINCERELY,

INTERNATIONAL HEALTH AWARENESS NETWORK (IHAN)





“EDUCATION IS A HUMAN RIGHT WITH IMMENSE POWER TO TRANSFORM. ON ITS FOUNDATION REST THE CORNERSTONES OF FREEDOM, DEMOCRACY, AND SUSTAINABLE HUMAN DEVELOPMENT.” — KOFI ANNAN